Ps. 145:14, "The LORD upholds all who fall and lifts up all who are bowed down."

I can't imagine how amazingly strong and powerful and loving our LORD truly is. His marvelous deeds are beyond our comprehension and ability to understand. The fact is that our God is watching everyone, every day, all day long. He not watching so that He can see us when we mess up or fall down; He's watching because of His great love for us. He loves you so much that He is interested in everything we do. Did you notice the word "all" is used twice in this one sentence? Our Father's love is not just focused on a select few, but upon all who fall. The last time I checked, we have all sinned and fallen short of the glory of God.

Our God is not some Spiritual Policeman that is just looking for a way and time to arrest us and throw us in jail. He is not ever joyful when we slip and fall. His whole character is complete love for you and me. And, this passage reminds us that all we need to do is bow before His presence. This means to acknowledge that He is God and we are not. We are to reverence His being and know that He is Almighty God. We are to humble ourselves before the King of Kings and LORD of Lords. There is no other God. He is God alone.

The Hebrew word for lifts up is **vezovkef** which means to pick up from a fallen place, to lift up from a broken place or to raise up. 1 Pt. 5:6, "Humble yourselves, therefore, under God's mighty hand, that He may lift you up in due time."

Dear LORD, not only are You a great and Mighty God, but you are also a loving and care Father that watches over each one of us. Thank You that You will always love us and that You will lift us up when we fall down. In Jesus Name, Amen.